



Forgotten Tales Of The Kaipara

Stories of rebellion and redemption, the essence of life on the Kaipara.

There are a number of books which tell the history of the Kaipara region, but have you ever sat and listened to stories told by friends and neighbours? These personal recollections share details that are often forgotten, yet are the quintessence of times not long past that can stir up our own memories.

What happened to the promising boxer who ventured into Tapu Bush? Where are the lost babies of Paparoa buried, and why? These stories uncover cultural pathways that give meaning to our past, and inspire who we are today.

'Forgotten Tales of the Kaipara', is an intriguing compilation which shares the social history of a region, told by five longstanding Kaipara locals.

Recorded and compiled by local artist and creative Luciana Orr, this project was created with the support of Creative Communities funding. Copies of the CD are being gifted to libraries in the Kaipara region and publicly funded organisations in the Kaipara, like schools, can request the MP3 version for free.

"As people pass, so do their memories, their first hand experiences, and often the knowledge that gives context to the way we do things now. These stories and reflections are both interesting

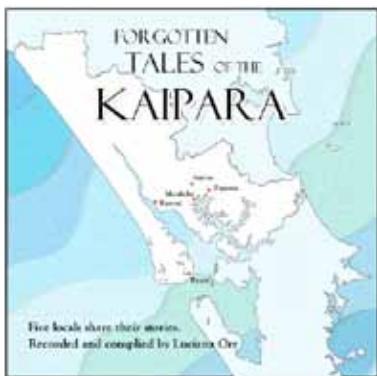
and important. I wanted to make them accessible and to create a record of time, people and place" says Orr.

Whilst working for The Kauri Museum in 2021, she was inspired by the rich local history and wealth of knowledge that people in the community held. Stella Clyde of Paparoa, tells of her father's contribution to early radio on the Kaipara, and Matakohe born Joy Bonham recalls the revered Toheroa expeditions.

Ngāti Whātua

Kaumātua, Ben Hita, shares stories from his youth at Poutō and reflections of life on the Kaipara.

"Our job at night was to catch the eels and the old people would come in and split them all. They were huge, they would have been 200 round, you know, big horns on their heads. We were told not to handle them..."



Pete Panhuis, knowledgeable guide at The Kauri Museum, recounts tales of early days in Matakohe, Paparoa and Ruawai. Pahi local Kerry Bonham, remembers a rebellion in Ararua that reached the ears of the world.

Orr wants to thank everyone who made this recording possible and for the time generously given by the participants.

Based in Hukatere, Luciana Orr has a qualification in Audio Engineering and a strong interest in culture and heritage preservation. Spanning over thirty years, her work as an illustrator of heritage architecture has captured in perpetuity, many buildings of historic significance.

Listen to a sample of the stories here: www.illustrator-luciana-orr.com/forgotten-tales-of-the-kaipara-audio-mp3/

To request 'Forgotten Tales of the Kaipara' or buy an MP3 version of this recording get in touch with Luciana.

Email: info@illustrator-luciana-orr.com



Classic Cars And Coffee

It's funny how things take shape... There we are sat at Zest (we being Russ, Lindsey, and Barry), enjoying a coffee on a Sunday morning discussing classic car shows - and before you know it, we have decided to hold one of our own in Paparoa.

So, with a little help from team Zest (Shari, Lexi and Sinead) with Lexi designing the poster, and a date of the last Sunday in March agreed on, we were good to go.

We contacted everyone we knew within the classic car community to get the word out: the posters

went up locally and in Countdown! I have to admit to being a little nervous on the day, texting Lindsey saying, "What if no one turns up?" Well, as it happens there was no need to worry because at 9.30am they started to roll in and they kept coming... Over 52 cars in total of all makes, models, and years. Awesome! And if you attended, a big thank you!

We had cars from Whangarei Classic Car Club, Mangawhai, Dargaville, Ruawai, Waipu, Maungaturoto and Paparoa, and what a great bunch of people! We couldn't have wished for better weather, with bright blue skies and sunshine...



Sinead & Shari



Cars and coffee - what a smashing day out!

So are we going to do it again? You Bet! The last Sunday in June is looking good.

I can't vouch for the weather but bring your classic car and enjoy Zest's great coffee and cakes. In the meantime, thanks everyone who participated and helped, as it was you all that made it a success.

Russ Miller



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Paparooa Press PP

PUBLISHED MONTHLY BY
Progressive Paparooa Inc. (PPI),
for Paparooa, Pahi, Matakohe,
Whakapirau and Tinopai.

CIRCULATION 1,050

CONTACT US -

- press@paparooa.org.nz
- ph Vicky 021 248 4259
- PPI, PO Box 107, Paparooa 0543
- www.paparooa.org.nz

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Council Mark says - A Is For Accountability

In my column back in August last year I contemplated the meaning of democracy, and described what it means to me: for citizens in a society to have a say regarding things that affect them, and that say making a difference. I discussed the following factors that enable that to happen: the Rule of Law, Freedom of Speech, and Accountability.

How does "accountability"

in particular relate to the concept of co-governance? A number of co-governed entities have been established in recent years under a variety of central government flags, mostly related to treaty settlements. These can be seen in part as a symbolic recognition of historic wrongs which cannot be practically righted by restoration. I can see some logic to that.

The rumble from Wellington is that it's time to end "the tyranny of the majority" by using co-governance as a tool in various reforms including the Three Waters. I am struggling with how to relate co-governance to the principles of democracy. Consider the evolution of the various stages of enfranchisement from the earliest colonial times where voting rights were restricted to male pakeha property owners

through to the time in 1893 when the largest minority group – women – achieved the right to vote. Over the next century this country evolved into a modern, pluralistic democratic society where the greatest number had the greatest say. The introduction of MMP enhanced this, resulting in greater diversity in our Parliament and a more accurate reflection of who we are as a society.

That means nothing though if the same body is unable to be held to account for its decisions. It would indeed be a tyranny of the majority. I can't imagine a democratic society that does not require

people in positions of power to be accountable for their decisions and actions. That is a key failing of the proposed Three Waters entities to the extent that the co-governance aspect does not facilitate accountability back to all its stakeholders; it opens up the possibility of a tyranny of the minority.

I think it was Winston Churchill who endorsed democracy by saying it is the worst form of government - apart from all the rest. I'd rate the proposed water reforms a D on that score.

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Otamatea Ward Councillor
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After months of Covid delays and cancelled events the brand new Paparooa Lions Club food caravan had its debut on Easter Sunday.

It was very busy at the Mangawhai Classic Cars show and our caravan proved to be very comfortable to work in. This caravan and the team from Paparooa Lions are available for any community events and all funds raised from our sales go back into our local community.



A reminder to our contributors!

We need all advertising material by the 15th of the previous month and all editorial copy by the 20th. We cannot guarantee the publication of any material received after these dates.

While we always welcome editorial content we reserve the right to decline or hold over any articles outside our regular columns.

Opinions expressed in Paparooa Press are the author's own and not necessarily those of the editorial team or PPI.

Paparoa Selwyn Centre

At Selwyn Centre we celebrated St Patrick's Day in March dressed in green, with green cakes, decorations and all joined in a singalong of Irish songs led by Anne and Sue.

We have a weekly session for seniors on Thursday mornings including gentle DVD exercises, morning tea, games, quizzes and varied activities.

New guests are welcome to attend so, if you are new to the area or just feeling like enjoying a bit of company and fun, ring us for more information.

We start at 9.45am in the St Marks Church foyer, Hook Rd, and will help with transport if we can.

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Work On The Lions Bushwalk

By the time this goes to print, work on the mitigation of Kauri Dieback on the walkway will have started. The contractor, Right Track Ltd, has done some preliminary work and so is ready to get started on construction.

Before work could go ahead, there has been consultation with Queen Elizabeth II Trust, Te Uri o Hau, Consultant Archeologist Jonathan Carpenter, Heritage NZ and the farm owner. Planning has been done by Trevor Butler from Frame Group Ltd.

On 7 April Te Uri o Hau Environs people and Matua Hone Martin visited to carry out a Karakia and Whakanoa. Accompanying them were people from Right Track, Northland Regional Council and Paparoa Lions Club, including Katarina Tatuhi, Shereen Worthington, Matua Hone Martin, Edward Ashby, Aaron Kennedy, Gavin Clapperton, Jim Rowlands and Hubert Poot.

From time to time parts of the track will be closed, depending on where the contractors are working. Please take extra care when using the walkway and remember to stay clear of where the team are working. The health and safety of the workers and walkers are paramount. There will be occasions when the walkway is completely closed.

The Proudly Paparoa Facebook page will be used to keep you up to date as much as possible. The first stage of closures is the side left of the second bridge from the Village Green carpark.

Thanks to all concerned in getting this project under way, including co-operation from Robert Whitehead, the farm manager.

LR



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Rumblings From The Press Office

We hear the whispers around town... "Where's the Press?", "Is it out yet?", "Where is it?", "I'm not happy!" So here's a little insight into how the press gets to you each month...

The Paparooa Press is usually in letterboxes on the first Wednesday of the month.

It has to be a Wednesday as that's the day the posties stop at every letterbox on their runs because they have The Lifestyler to deliver. Other days they only have to stop where they have mail or parcels to deliver - so it makes perfect sense.

Sometimes the first Wednesday is the 1st day of the month and sometimes it's the 7th, but usually it's somewhere in between.

Sometimes we might be able to get it out on the 30th or 31st of the previous month and sometimes we can't.

Very occasionally we will experience some sort of computer or printer issue which hold us up and if we miss the opportunity to get everything done in time for a Wednesday delivery, we have to wait until the following Wednesday.

Sometimes our contributors get everything to us by the required dates and sometimes they don't.

Sometimes our advertisers want to completely change their ads at the last minute and we have editorial content that arrives just days from when we send it out for proofreading.

Before that happens we have to move ads, take out some that are only in bi-monthly and replace with others, and make any seasonal or other changes the advertiser requires.

We receive our articles and photos from our contributors, and text is copied into the master which has been prepared for the next month. Then it's formatted and to fit. Photos are adjusted to suit our printer, copied, placed, cropped, resized, jiggled around, moved, resized, moved back, readjusted, and finally each page is filled and completed.

Then something urgent will appear in the inbox and we have to move things, resize,

rejiggle, reword, and make things fit again.

We have tides and upcoming events to update and all the little lines separating columns to insert.

We often put in late nights towards the end so that our long suffering proofreaders get a couple of days to go through the whole thing and get back to us before Monday.

Then it's back in to fix any errors they have found, get it downloaded and down to Robyn at Skelton's for printing - which takes all day.

It's then counted out into boxes for delivery to the various posties and outlets.

We don't put the copies into pick up locations until after the Wednesday delivery because these are for people who don't get mail delivery, or come up to holiday homes. If locals who can't wait to get their copy delivered were to pick up all the instore copies there wouldn't be any available for anyone else. And some would end up with two copies. I'm sure our advertisers would rather their ads got out to as many members of the community as possible.

There are many planets that have to align to get our little paper out to you every month and many, many hours of work involved - but you can have faith that we endeavour to get it into your letterbox by the first Wednesday each month. (With the exception of when we couldn't operate due to covid lockdown restrictions.)

So, be patient, bear with us and the world will continue to turn.



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Member-Northland District Health Board
Libby Jones - New Northland Health Strategy 2040

The new Te Tai Tokerau Health Strategy 2040 / Taitokerau Rautaki Hauora 2040 has been launched by Northland DHB.

It is the result of extensive consultation and engagement across the whole of Northland with many communities, health sector workers, other sectors, iwi, and our board. Some of you will have attended the consultation meeting in Maungaturoto a couple of years ago, which had the biggest attendance of communities across the region. I have been determined to keep the voices that we heard on that day alive, and many of the concerns and hopes were repeated across other communities and have been included as part of the direction for this strategy.

You might wonder with the change to the health and disability system and DHBs no longer continuing as separate entities why this is important now, and is it just a waste of time?

In fact it is even more important that the new

entities of Health NZ and the Maori Health Authority have a clear understanding of the aspirations and hopes of whanau and communities across Te Tai Tokerau. Health NZ have been asking for information from each area about key priorities and projects to assist them to form the basis of the interim national health plan, so have welcomed this strategy as they begin to grapple with the health, wellbeing and disability needs of our region alongside others. Localities will be important in the new health structure, and it could be that the whole of Northland will be a "locality," which could oversee this strategy.

Our updated vision aligns with the direction of the country's new health system that will achieve Pae Ora/Healthy Futures for all. Our vision for Te Tai Tokerau is:

- people live longer in good health

- have improved quality of life
- and there is equity between all groups.

These are uncertain times in the health and disability sector with the changes imminent, so as a board member finishing on 30 June I am pleased that the voices from local communities have been included in a document that we trust will be a part of the new direction for Northland. And yes, I am a glass half full kind of person, but it has served me well in my life so far.

Check out the new strategy on the NDHB website, or let me know if you want me to email you a pdf copy.

www.northlanddhb.org.nz/news-and-publications/publications/health-strategy-2040

Stay well, Libby

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Letters from The Old Post Office... Parenting

The voice of parents is the voice of gods, for to their children they are heaven's lieutenants (Shakespeare).

Dear Reader, it is often quite difficult to settle on a suitable writing topic. Tossing and turning ideas like a desperate shopper conducting a frantic rummage through a jumble stall. Will this one work or this or this? And then, holding a slightly frayed argument to the light my mind immediately darts away and wonders whether perhaps the other, just as tatty, but slightly less torn topic may be of more interest. Then, Dear Reader just as I think this may work my thoughts swirl down the path of wondering about what holds an argument together, and then I wonder about holes and before you can say white rabbit I am falling down that rabbit hole, passing jars of marmalade and thinking about black holes and being subject to the laws of thermodynamics. And, then I start to fear that instead of the more usual pool of tears it will be an actual black hole and splat that will be that. On

a more positive note at least you, Dear Reader, won't have to read any more letters.

Right, back to the point. In my rummaging the topic of parenting was thrown up. Look, it seemed to say this is particularly pertinent at the moment (Family reasons, won't go into that. But rabbits may or may not feature, oestere etc etc).

The Cambridge dictionary defines parenting as "The raising of children and all the responsibilities and activities that are involved in it."

Now in my mind the responsibilities of parenting include, but are not exclusive to (adding legal term to cover myself from any nit-picking reader. NB complain to management) feeding, clothing, keeping safe and helping your child to begin their journey into adulthood. Activities may include taking children to play with other children, reading, talking, baking, singing, sports, music lessons or simply spending productive time with parents and any siblings.

Experiments show that animals deprived of social and physical comfort and stimuli do not thrive. And, obviously we are animals too. (Some less removed from the animal kingdom than others).

Thus, it seems to me that parenting our children not only means loving them but providing guidelines and boundaries to keep them

physically and mentally safe until they are old enough to do this themselves. Of course, teenagers' ego centrism means that just like Mark Twain they believe "When I was a boy of fourteen, my father was so ignorant I could hardly stand to have the old man around. But when I got to be twenty-one, I was astonished at how much he had learned in seven years."— But stand strong. Remember you are the parent and probably quite knowledgeable. And it is an absolute that at some point your children will shout "I hate you!" it is part of your job description.

Naturally, my own children quibble with these points and claim that I was in turn either too liberal or too strict. In fact, I have heard them mutter to each other that weren't children raised successfully by wolves? And, wouldn't that have been quite nice? At least they claim the mental scarring from being forced to watch various foreign subtitled films would have been avoided.

PS Just a little parenting tip
Titles of films to scar your offspring could include:

Delicatessen 1991 French post-apocalyptic black comedy directed by Jeunet & Caro

The blood of a poet (1932) directed by Jean Cocteau (or not)

PPS: children all left home at 18.

Deb



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Paparooa Community Library



As of Monday 2nd May 2022 Paparooa Community Library will be open on the following hours:

Monday 2pm - 4pm

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Wednesday 2pm - 4pm

Thursday 11.30am - 1.30pm

Friday 11am - 1.00pm

Saturday 10am - 12midday

Out of hours books can be returned to the returns box inside the door to the right at Skeltons Drapery

Jas Futter
Paparooa Community Library Manager
022 678 1474

Update from PPI Community Activator

The Village Green Enhancement Project

The draft Village green technical plans were drawn up and sent through to the Council for their review a month ago. A few weeks ago I met Lara Stott from the Kaipara council at the Paparoa Village Green, and we spent the morning walking through the plans as they relate to the existing facilities from the existing toilet block to the beginning of the track under the bridge. This is the area included in the enhancement plans. The plans include some natural playground elements adjacent to the existing playground, some balance beams, and a post confidence course to add to the facilities. The council is considering where these playground elements can be placed for maximum safety and enjoyment.

Once we have feedback from Lara, the designs will be updated, and hopefully we can start making plans for construction.

A shade solution will be added to the existing concrete

tables which were provided by the council. This should be a popular decision as it will enable people to have picnics, drink their coffee, or watch their children playing in the comfort of shade.

And to bring these tables creatively in line with the rest of the area, we are looking at decorative options such as painting the surface or mosaic. I will be able to provide more information once we've consulted with the various creative experts.

In the meantime however I am waiting for quotes so that the application for funding can be completed.

I would like to hear from local people to help with this project (builders, tradesperson or drainlayer) please contact me on 021687226

Paparoa Wastewater Solutions Workshop

On Saturday 9th April, a community meeting was held at the Showground Pavilion. 11 people attended the workshop which resulted in good discussion and actions were agreed.



Waka Kotahi NZTA for Northland Speed Limit Review.

We have still not had communications from Waka Kotahi on their speed limit review.

If you would like to complete the survey online you can access it directly at : <https://www.surveymonkey.com/r/ZHP3NJG>. Or you can go to the 'Progressive Paparoa' or the 'Proudly Paparoa' Facebook pages and find it there as well.

It will only take a minute or 2 to complete, and we'd like to have your views. Val

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COMMUNITY CHAMPION

Pete Hames and Libby Jones

This month we recognise a powerhouse couple who have been working within our community for years, but just consider themselves "community members doing our things like many others".



Pete is involved with the Paparoa Community Charitable Trust (Lifestyle Village), PPI, Paparoa Hall, Sports and Recreation Association, Paparoa Connections, Tennis, runs badminton and table tennis, and was also in Paparoa Lions.

Libby is involved with the Paparoa Medical Society, Paparoa Connections, Tennis and is Chair of the Sports and Recreation Association.

She was also on Paparoa Primary School BOT Otamatea High School BOT and involved with Kohanga Reo, plus much more.

Libby also has other roles with Sport Northland and Northland DHB and was a KDC Councillor.

"We both enjoy helping out and being part of the community. We would love others to join us, as many hands make light work, and having new ideas and faces make it all the more fun and enjoyable."



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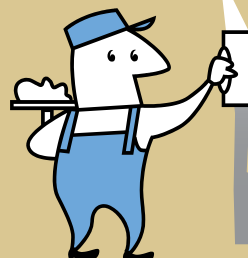
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I've been thinking ... About Politics

Well, it's a change from pandemic and the tragedy of Ukraine. Granted, it's still depressing, but get used to it. There are many torturous months leading up to the election.

The young charismatic Jacinda Adern was a big factor in Labour's 2017 victory. She became increasingly popular and trusted as a result of the pandemic and the last election results reflected this.

Labour PR people continued to use her popularity to boost the Government. Think of the times when the opposition was beginning to get some

traction: Jacinda would be wheeled out to attend some heart wrenching event, or her partner would bake a cake for a feel good effect which would dominate the media and deflect from whatever issue was being exposed. Labour popularity would again rise.

We now see how politically dangerous it was to concentrate on one personality. If that personality is discredited the Government becomes vulnerable. Criticism is healthy. So is a dose of satire. But we all know that there are some things being posted on the internet about our PM and her family which go far beyond acceptable. Also OTT bumper stickers and so on. It is nasty.

What will happen next?

Will our PM decide she has had enough? Maybe declare pregnancy, resign from Parliament and take on a UN job? Will she tough it out?

Will the Labour Party promote some other individuals to diffuse the Jacinda effect?

Or will our politicians concentrate on policy rather than personality this coming election?

Of course, if they do that, it will be our responsibility, as voters, to evaluate policy carefully, not just vote for the most charismatic candidate. In the meantime our PM deserves the respect of her office whether you approve of her Government or whether you hate it.

RS



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They laid us plenty of delicious eggs, but we needed more.

Not just boring brown or white eggs though, I wanted something interesting. Maybe some blue eggs like my aunt has... so we bought some cute, hand reared Araucana chicks locally and waited for them to lay... and waited... and waited...

Google said we would need to wait quite a few months, which was fine, in the meantime we got to know these cute little chatterboxes who looked at us like we understood what they said as they fluffed around comically in their wee dust bath they'd made.

Finally, they began to lay! We had eggs aplenty for a while in various different colours... until some hens decided they had a better place to lay...

Great, now to find the secret nests... Diabolical!

Covertly stalking chickens to find their secret egg cache... something I hadn't thought I'd ever need to add to my Nancy Drew sleuthing skills... yet here we were.

In the long grass, in the middle of a thistle bush, under the kikuyu growing over a retaining wall... and never sure how long they had been there. Then there was the occasional, random egg found in the middle of a paddock or the chook run!

Did they not know this large



egg had fallen out as they ran along? Did they not know to sit and wait somewhere suitable? What was going on?!

The next day I witnessed first hand a hen running along and POP! an egg fell out as if by accident... (which I suppose it was). She didn't even seem to notice!

"Ah well" I thought retrieving the egg... you can't get much fresher than this"

SP

ANZAC Day in Matakoho

Over 200 people attended the commemoration held in Matakoho on ANZAC Day. There was a fall in at the hall, wreath laying at the monument and the hall, flag lowering and a service in The Kauri Museum. There was also an exhibition of local ANZACs on display. The Kauri Museum would like to thank all participants and contributors.



Falling in



Lowering the flag



Wreath laying at WWI memorial

ANZAC

When you think of the word ANZAC, you think of the First World War and Gallipoli

Young Australian and New Zealand men thought they were going off on an adventure

So naïve and innocent, many to die, many to be scarred for life mentally and physically

Their comradeship kept them going and gave them strength to carry on with the fight.

Donkeys brought ashore at Gallipoli helped with transport, ammunition, supplies and became walking ambulances.

Simpson and his donkey are still remembered to this day for their heroic work amid the carnage.

The sight of a donkey amid this tortured landscape must have lifted the hearts of the men

And let them know that in this hell hole they were not alone, and help was at hand for them

Womenfolk stood at the dock in Australia and New Zealand as ships moved away from shore

Thankfully they and their menfolk had no inkling of what was in store,

but they knew they had to get on with life and keep the home fires going tend their families,

work on the land and support one another through their loneliness and worries.

The Anzac spirit of mateship, courage, endurance and discipline born in circumstances of war and fear

Young men had to overcome their terror and fight, following orders from senior officers in the rear

The land was hurt, trees, buildings, animals, roads, towns destroyed in this awful battlefield

Two sides in this battle for survival and both sides suffering terribly but neither would yield

Wars are so very disruptive and politicians who sit at their desks and decide to go to war

Should have to go down to the trenches, see the dreadful conditions and feel the hardship

Then find an alternative to the upheaval of so many innocent people, land, buildings

Even today we are still hearing of war in Europe - hard to believe in 2022. Has nothing been learned?????

SF



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OCS May News

We are still trying to work around Covid, but fortunately most, not all, have managed to dodge it so far.

Here at Otamatea Community Services, all our departments have been ticking along smoothly, although we have noticed it's been a bit quieter than usual (for example, parking spots have been much easier to find around town). There seems to be a general slowing down/quieter period with more of us being wary and doing our best to keep out of Covid's way. As always though, we do send good wishes out to the community and hope everyone is keeping well. If you are in need of support, we have a great pharmacy, medical centres, and plenty of information about where and how to get help if you need it.

There have been many wonderful donations for the food bank, which we want to thank you for. We have had so many that our team are now scrambling for places to put the frozen items! To help us store all the very kind donations we receive, we are currently in search of an inexpensive upright freezer (as some of us are taking items home to store). If you know of a freezer that could be donated (or at a reasonable price) to our community, please get in touch with us - we would be most grateful.

It was our understanding that there was to be the tail of a cyclone arriving in the region this week, and we, like many of the local farmers, were counting on some rain. It has been a bit of a mixed blessing - there was a little rain, a little more wind, but that seems to have been about all. Our thoughts are very much still with those in the flooded areas who just did not need any more rain. Our hearts go out to those affected and wish them well - we know things will be tough for a good while yet.

That is all from us for now. Until next time, stay safe and keep well!

Kindest regards from all at OCS

Ph 09 431 9080 or email reception@otamateacs.org.nz

Books And Bookclubs

Pahi Bookworms celebrated our ninth birthday last month, with most of the original members still attending. Sadly, two of us are leaving the district and it was our last meeting amongst such precious friends.

Book lovers should never move house! Even with half your collection being culled there are still more very heavy boxes of books than anything else. Thinking of heavy books, this month's favourites are the massive volumes written by Richard Rutherford. If you haven't come across them yet, they are a must. Fictional novels set in accurate, well-researched history. If you are curious about how the Eiffel tower was built, how St Patrick became the Patron Saint of Ireland, how Hong Kong became British, the background of the Russian/Ukraine war you can find all the answers and a myriad of other historical facts while enjoying reading about generations of fascinating characters. Some titles are Sarum, Russka, London, Paris, Dublin Foundation, China, New York. The E.R.M.A. group are also into these extremely readable novels.

I don't like short stories (articles in the Paparooa Press excepted). I find them to be a lot of meaningless waffle leading up to what is supposed to be a solid ending but which usually leaves me somewhat deflated. I appreciate others

are not as jaded as myself and actually enjoy something that can be completed in one read before going to sleep at night. Alexander McCall Smith has published "Heavenly Date and other flirtations," and our own local author Ralph Williams has written "Slices of Life," available directly from him, or your neighbour may have a copy.

Did you know that Phil Collins plays the drums, as well as being the lead singer in Genesis before going solo? And can you identify the Group who wrote and sang "The Way Old Friends Do?" Here is a slightly amended version:

"You and I can share the silence,

finding comfort together the way old friends do,

Midst news of fights in a world of violence,

We find peace with each other, the way old friends do.

Times of joy and times of sorrow,

We will always see it through.

Oh I don't care what comes tomorrow,

We can face it together

The way old friends do."

AB



Cutting the birthday cake

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online at paparooa.org.nz

Progressing Paparoa's Wastewater Action

Community and Council workshopped possible solutions to Paparoa wastewater issues when they met at the Showgrounds on 9 April.

Aging septic tanks, particularly around the central township, have been leaching effluent to surrounding areas for some time now. Council Monitoring and Compliance Manager, Dean Nuralli, says the Council wants to support the community to address issues before they are forced to take action, which could mean serving insanitary notices to buildings.

Eleven community members met to determine the next steps in resolving the wastewater issues facing Paparoa.

KDC Infrastructure Planning Manager Eros Foschieri outlined to the group the current situation and the urgency to act now as a community. He described the aging systems, the higher pressure on them and more stringent environmental regulations. Other constraints within Paparoa are the proximity to waterways, the flood zones and small section sizes.

The participants workshopped various ideas and resolved

that action needed to be taken now to preserve the life of the village. Particularly the businesses, community facilities and residential properties. Any system should focus on the immediate need in the village but be capable of expansion to take in surrounding areas in the future. A modular system would allow growth which participants saw as inevitable.

A number of locations for a treatment system were discussed but a decision will rely on the type of system and disposal selected as well as the cost. Discharge to land was the preferred option.


Two significant steps were agreed by those present. Firstly, to expand the Progressive Paparoa Wastewater Group with additional members who were keen to participate and then to personally contact property owners within the affected area to update them.

Kaipara Council will use the information gathered on the

day to create a brief for a consultant to scope design options and costs for a communal scheme.

By working together, those present felt that Paparoa would be ahead of the game if and when any central government moves such as Three Waters come to pass. For further information or to be involved, register your interest at info@paparoa.org.nz

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Repair Cafe

Do we have people in our community who would be interested in the concept of a Repair Cafe?

You may have skills in sewing, woodwork, electronics, basic mechanics, or something else.

What we would offer is a once a month "pay-what-you-can/koha" service to people who have "broken things" that they might otherwise throw out but can be easily fixed. Most of us don't have the skills to fix these things ourselves and that is where others can help.

The Repair Cafe workshop is an event where people bring broken and damaged belongings and local volunteer experts sit down together with them and do their best to repair them. It's all about bringing people together, connecting local people in their communities with others who are happy to share their skills and knowledge, saving people money and reducing the amount of material that ends up in our landfills.

What sort of items are we talking about?

Sewing repairs - items like clothing with rips or holes that can be re-stitched or patched, small items like bags, or belts.

Mechanical - small engines, lawn mowers, motorised garden tools, motors & general small mechanical gear.

Wooden furniture - indoor or outdoor furniture needing TLC.

Small electronics - such as lamps, kitchen appliances, toys.

If you think this is something you could be interested in helping with contact me at margaret.ttttimebank@gmail.com and let me know what skills you have to offer. We can then all get together to discuss the nitty gritty.

In the meantime you can check out what goes on At the Paihia Repair Cafe by looking them up on Facebook.

MB



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**Maungaturoto and Districts Rotary**

Some of our Club members joined the Mangawhai Satellite club for their prize-giving and season closure on the 30th March. It was great to see such a large number of youngsters receive awards on the night. The Club has been fortunate to get sponsorship from many sources, not the least of which is the Wright Foundation.

This Foundation not only funded our four boats but also contributed some very handsome trophies. It was great to see the community support on the evening. While the harbor is well used in the weekends, having this activity on a weekday means that no one is inconvenienced.

Two weeks ago, on a Wednesday, the Year 12 students at Otamatea were able to complete a RYDA (Rotary Youth Driving Awareness) course at school. (This is normally completed in Whangarei, but Covid caused a rethink.) While much of the course was run in a classroom, the on-road section was aimed at making students more aware of not only the safety features in a car but also the necessity to keep to the speed limits, especially in town, when they were made aware of the distance it takes to bring a car to a complete stop at different speeds. The importance of a car having safety features was also emphasized by the guest speaker who suffered a head

injury as a result of a head-on collision. She had been driving a "cheapie" which though registered and warranted had no airbags, something which might have lessened her injuries.

People Potential are allowing us to take unvaccinated students for driving lessons, so if you are in this category and want us to help you gain your Restricted licence, please get in touch. Two more students were successful this month and both of them had been given the opportunity to drive many times, outside our allotted lessons. It is recommended that they complete 120 hours driving before sitting their Restricted (and we would give about 30 hours in our 12 lessons.)

KDC have asked for information on "notable trees" in the Kaipara District. They are forming a database, so if you know of a tree that may fit this category, please let them know.

If you have queries about the above, please don't hesitate to give me a call on 0211420357.

He taonga rongonui te aroha ki te tangata.

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**Autumn Expo**

To celebrate Autumn and the new
Exhibition White Rock Gallery held
an open day on 1st April. Lots of

visitors took advantage of the complimentary food and drink with music all day - thanks to Geraldine for that.

The Gallery looked great with all the new art and craft on display. Tickets for an Easter raffle were on sale and the raffle drawn on Thursday 14th. The winner was Jill Jenyns. Congratulations Jill.

Easter was busy, with good sales on Easter Saturday.

The Gallery is on the lookout for new members, so if you are an artist or crafter, call in and check us out. We operate as a co-operative with rostered shifts to enable it to be open 6 days a week.

If you think you would like to support our non-profit Community Gallery we welcome anyone who would like to join our 'Friends' of the Gallery who help us out by doing a morning or afternoon shift once or twice a month. Our 'Friends' say it is a good way to spend a few hours relaxing in a quiet inspirational space, meeting and chatting with visitors. It is not necessary for you to be an artist.

The White Rock AGM was held recently and members came up with a lot of great ideas for the future, so watch this space.

For any further information, contact Lorraine
whiterockgallerynz@gmail.com

White Rock Gallery Committee

Strange Goings On

At the end of the haymaking day, before the men went home to milk, the lady of the farm where they were working would always provide afternoon tea. The men would sit around and eat these very nice spreads and then out would come the customary crate of beer.



There was much discussion on many subjects and we younger boys would sit around the edge of the group and listen. I heard one unbelievable story and the man telling it repeated it to me later one-to-one. When he was younger he had heard of a barge load of wool bales capsizing in the Te Pahi River upstream from Pahi in that narrow waterway that can be seen from the road halfway to Maungaturoto. All of the bales were recovered except one, and that bale of wool, he was emphatic, turned up down at the Limeworks which is opposite Arapaoa, and it did not float down the harbour past Pahi. Now that's a pretty

tall story to believe and I for one listened with respect, remembered it, but didn't believe it.

Many years later when we were coming up the harbour in my boat from further down past the Limeworks, I had a friend on board who wasn't familiar with the harbour. I had a new depth sounder and I said to him, "You watch and see how deep it gets here." I had always known there was a very deep hole there. As we went in with the depth sounder we noticed that the water was welling up to the surface like a giant mushroom and falling away on all sides in a huge circle. Now there is another story by a guy who fished in the Te Pahi stream as a boy. They dropped their lines into a deep hole there. If you put these two things together I believe there is an explanation. The water welling up from the sea bed had to be driven by something. Soon after high

tide with a stiff breeze blowing the surface water up the harbour, the water level could easily be half a meter higher up stream than at the Limeworks. That would be enough to send the water down a supposed underground passage to come up at the Limeworks and join the harbour again. I voiced that theory to a friend who negated the idea. "No, any passage would block up with silt." I thought about it some more. If there was half a metre difference between the water head at the two ends of the tunnel, the force of the water travelling through would wash away any silt that may have formed between tides. So I am sticking to my story.

Readers, don't form your opinion until you see for yourself the water welling up at the Limeworks and come up with your own explanation as to how that bale of wool got to where it did.

K.B.

Poplar And Willow For Sale

Poplars and willows offer a host of benefits including stabilising hill country, increasing water storage, reducing sediment runoff and helping hold fertile soil in place instead of polluting waterways as it washes into our estuaries.

Their rapid growth means they are controlling erosion within three years. They also provide shade for stock and fodder during droughts.

Northland Regional Council sells both at low cost from its 16-hectare Mata nursery.



Eroded sediment is Northland's biggest natural pollutant, research showing the Bay of Islands alone has lost an average of 500,000 tonnes annually for the past century. Every year about this time the NRC invites landowners with erosion-prone properties from Topuni north to order heavily subsidised poplar and willow poles from the Flyer Rd nursery for the approaching winter planting season.

Orders are open now and a poplar or willow tree will cost between \$4.60 to \$14.40, incl gst, depending on size and whether it's used for erosion control or another purpose.

Protective sleeves and subsidised planting are also available.

Demand usually outstrips supply, so people are being urged to order them sooner rather than later.

Orders close on 13th May or when stocks are all sold, whichever happens first.

To order, contact NRC land management on 0800 002 004 or email: nursery@nrc.govt.nz to book a consultation and planting plan.

General information about establishing poplars and willows is also available from the council's website via: www.nrc.govt.nz/poplars

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Apple Cider Vinegar - More Than Just Fermented Apples

Apple Cider Vinegar, or ACV, has a multitude of uses and benefits. It has long been used in the culinary and medicinal worlds- and even on the farm and in the garden. Around 400 BC, Hippocrates, The Father of Medicine, used apple cider vinegar as a curative product for his remedial treatments- and we've never looked back. It is also surprisingly easy to make.

It can be diluted in water as a health tonic, either with honey or on its own. Even tough ACV is acidic it has an alkalising effect on the body. Drinking diluted ACV before meals can aid digestion and scientific studies have shown it has a beneficial effect on blood sugar and cholesterol levels.

It can be gargled, diluted

in a little warm water, to relieve sore throats or laryngitis and as a mouthwash.

As with many other vinegars it can be used in dressings, pickles and as a household cleaner - although I prefer to use cheaper white vinegar for



the latter.

Organic farmers are also finding ACV beneficial and by adding it to the drinking water of stock there may be a reduction in somatic cell counts. It can also kill intestinal parasites in stock, as well as

control parasites (internal and external) in chickens and dogs.

If you have good sharp apples going to waste you can try making your own. A quick Google will bring up plenty of recipes but they will all be roughly the same. You can even make it with the scraps left over from making something else with apples.

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Stretching It A Bit

It was early to mid 1980s when I went along to Turners Auctions to buy a utility and came out with a 1974 Mercedes 280s.

I paid \$7,000 for it. I got it home and after narrowly averting a beating from the wife, I found a dealer's card in the boot with a price on it for \$19,500. It smoked a bit so I gave her a drink of Morey's Additive and after about six weeks she ran smoke free. (The car that is). My wife (after she had calmed down) and I used the car for a while and were amazed how well these Mercs performed and how well they were put together.

Now at the time I was running one of the first stretched limos in Auckland, a new (for then) Fairlane. One day I said to my wife, "why don't I stretch the Merc." Well, you classic guys out there will know the look I got, you could see she was thinking, "Mum was right, he IS nuts." Anyway, I had done an apprenticeship as a fitter/turner/welder, so after getting my drawings approved by an engineer, with some misgivings, I cut a perfectly good late model Merc in half. It took about four months and I have to say it was a lot of fun. When I rolled this six metre

beast out of the shed I was close to tears, I was so proud. I had done everything myself, including most of the dark blue velour upholstery, the now white paint, the foam and fibreglass bumpers and skirts, the list goes on and on...

With an approved COF the real fun started, watching people falling over kerbs on crossings, eyes popping in disbelief, other drivers nearly crashing looking at this stunning "new" imported limo. It was so popular I would come home late at night with cash filling all my pockets. But the best of all was the weddings as it had a television. The men at the wedding would come out mid-service and check out the cricket score or whatever.

And all this time people had no idea their driver, all dressed up and looking the part, was really just a grubby car nut that took the bull by the horns and just did it. So that's my story. A lot of readers will see this article and say "we got married in that car."

Ken Subritzky
(Pahi's own metal sculptor)



Living Longer - Just a few thoughts?

Listening to the National Radio this morning I heard some interesting facts and this got me thinking as I walked. The world now has about 8 billion people. No country has a life expectancy of less than 45 years. Very few have a life expectancy of 60 years with many having one of 80 years. This shows that the life expectancy world wide has doubled in 50 years.

In a more local context this means that those of us getting older and on the pension (myself included) are adding to the increase in population. My grandparents, and many of their generation, died in their sixties.

So, on retirement, rather than purely pursuing our wonderful freedom to travel, read lots or just think of ourselves maybe we should be contributing to the wellbeing of our communities. Not full time or doing things we dislike, but contributing by using the skills and things we are good at and enjoy doing.

Joining service clubs that contribute to such wonderful local assets such as the Paparoa Bush walk, the North Kaipara (Paparoa) Show and grounds or joining or starting a Men's Shed fixing up old machinery or making starling boxes or rat traps, others may prefer knitting for babies in need at the hospitals, or helping run

community assets such as the halls or the Maungaturoto Country Club, or helping run the Op Shop, or Linking Hands, or Selwyn Mornings, or becoming a driver mentor helping the young ones get their drivers licences. All these mean you are giving back - after all we do receive a pension so we are paid.

Everyone has skills - be it putting pictures on Facebook or cutting back the weeds every now and then on tracks or more select skills like book keeping, marketing, publicity etc. Those who are younger and on a dis-ability pension can contribute too, in ways that fit their skills.

So, if you are retired and think that now you have shifted to the country to just hideaway, perhaps you could look at something you could contribute to your community. Check out the opportunities - maybe even just one or two days a month - something you

would enjoy and maybe have experience of or would like to learn. The more you give - the more you receive in meeting interesting and fun people.

If you are unsure where to start perhaps a peruse of the Paparoa Press could help to point you to those that can help you find your niche.

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Vicky

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Good Keen Blokes/Blokeses

Or People You May Or May Not Meet Down The Pub...

Down the pub, possibly on a Tuesday, a well-dressed, even dapper gentleman may be seen conversing in the public bar. The mustard-coloured trews are particularly commented upon, if hearsay is to be believed. The gentleman often sports a slightly nautically trimmed beard that seems to suggest that he has a familiarity with the sea.

As some of his exploits show, he certainly is familiar with the sea, but possibly not in a particularly healthy fashion. Babe (Whakaangi) Kapa lives just up the road from the pub but much of his work is conducted in Kaiakohe. Employed by Te Rūnanga Ā Iwi ō Ngāpuhi his position is Hapu Development Manager. There are 110 hapū and 79 marae within the catchment of their Rūnanga. These marae and hapū are clustered within geographical locations to form 10 takiwa. Each takiwa is represented on the Ngāpuhi Rūnanga Board. It makes it more practicable that a hapū can affiliate to more than one marae and vice-versa. Babe's primary role is to provide takiwa with information that builds their capabilities and capacity, (which then can trickle down to members. In the past Babe has worked

in transport (road, rail, sea & air freight) operations and management, is a trained primary teacher and was responsible for all English translations produced on Māori Television.

Occasionally participating in musical shows he has been quite busy and still is. Although now he is attempting to include more music making, if he could only remember more of the melodies), and gardening in his down time. The little that is left.

However, after listening to some of his stories around his waka ama paddling days he may be having more down time than he's planning. I was always told not to go to sea in a leaky boat, but to do so unable to swim and with no life jacket seems, well, foolhardy? But yes, despite his obvious skillset, to go to sea not once but twice... Allegedly, on one training session the

team paddled from Onerahi to Marsden Point in a double hull. On the return trip the swells into the harbour lifted and swamped both the hulls. Not being able to bail because the swells were too big and too close, the very displeased Coast Guard brought the waka and the team safely back in. No life jackets and some crew unable to swim earned the club a \$8k fine. The moral clearly being not to go to sea unprepared. Or with Babe. On your next visit to the pub see if you can spot him and ask him to tell you more life-threatening sea stories. He's the smartly dressed one. With all his teeth.

DC

N.B. Takiwā is run by an elected executive and is the name given to a cluster of marae which could be between 5- 12 marae [buildings]. Hapū are the sub-tribes intertwined

Bread And Butter Pickles

This is a great way to use up some of those end of season cucumbers that may not look the best. I peel them if the skins don't look very good. You can also add thinly sliced capsicum or garlic, or a sprig of dill. Great with cheese, cold meat or on their own in a sandwich.

Ingredients

- 2 litres thinly sliced cucumbers
- 1 large thinly sliced onion
- 1½ cup salt (for soaking)
- 3 cups white vinegar
- 2-3 cups sugar (to taste)
- 1 Tbsp mustard seeds
- 1 Tbsp celery seeds
- 1 tsp turmeric

Instructions

Place the cucumber and onion in a large bowl, sprinkle with the salt, cover with cold water and leave to stand for 8-12 hours. Then drain off the water.

Heat remaining ingredients in a large saucepan and bring to the boil. Add the drained vegetables and bring to the boil again.

Ladle into hot sterilised jars and store in a cool dark place.

Once opened, store in the fridge.



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Science Corner

PFAs - (Perfluoroalkyl And Polyfluoroalkyl)

There are over 5000 types of these chemicals... but what are they?

These substances were developed around the 1950's for use in water resistant clothing, non-stick cook ware, stain resistant furniture, carpets, tents, food wrappers, wire insulation, manufacture of plastic and firefighting foam etc. They do not break down and probably we all have some of this stuff in our bodies. Unfortunately, there is no requirement for companies to prove that a chemical is safe before putting it on the market in the USA. There is a study underway now but it is impossible to test the over 5000 chemicals that have resulted.

Where do they end up?

In our water, soil and in some cases our drinking water. Luckily the use of PFAs in firefighting foam was banned in NZ in 2006. It has been found that there are lower levels in NZ blood tested, than in blood from the USA and Australia.

How does it affect us? We don't know!

Early studies by a science panel in 2005 as part of a lawsuit against Du Pont- that alleged 1000's of people were harmed by the industrial release of PFAs, found a probable link to kidney, breast and thyroid cancer. It is thought that the cells in our bodies that produce antibodies are affected. Research is on-going.

I hope that our rural environment and fresh locally grown produce probably means we are less likely to be affected.

Stella



May Gardening Notes

If you have not already done so, continue to prune back spent flowering bushes and perennials. Don't waste autumn's bounty - there are lots of fallen leaves, called a nuisance and rubbish by some, but they can be raked up, put in large rubbish bags, sprinkled with blood and bone before being tied securely. Punch a few holes in the sides to aerate and store out of sight, eg behind the garden shed or garage. In about six months a lovely leaf mulch will be created - just in time for spring planting.

Remove old and rotting 'windfall' fruit from around fruit trees to help break the cycle of pests and fungal diseases.

A little and often weeding will help the weeds 'at bay'.

A DIY weed killer can be made up by simply filling a 500ml spray bottle with a mix of Apple Cider Vinegar and 1/2 teaspoon of dishwashing liquid. Spray weeds in concrete cracks, around paths and bare areas. Care must be taken around other plants as the spray will cause damage to any it comes in contact with.

Don't spray within 5 hours of rain.

Over winter plant a variety of known companion plants as, particularly in the case of veges, this can help to deter pests and diseases and they will grow better. For example carrots and leeks grow well together as their smells confuse each other's most common pests - carrot flies and onion flies that are attracted by the scents of these vegetables.

They all benefit from a border of strong smelling herbs such as lavender, rosemary, thyme, sage, or french marigolds as they host many beneficial insects and their smells confuse many pests.

For best results when transplanting seedlings appropriate depth is important.

Deep planting - plant winter season vegetable seedlings, especially brassicas, up to the base of their first leaves.

Normal planting - leave the stem above the soil level. The seedling will fall back to the ground but it will regain its vigour. This depth will suit beetroot, celery, chicory and miniature lettuce (grown in pots on the terrace).



Harvest the last of the feijoas, tamarillos and guavas. The native wood pigeons have acquired a taste for our guavas with up to five at any one time regularly visiting these trees. Some fruit of which have found their way into my flower garden thanks to them. Its a good arrangement - they get the higher ones while I pick up the riper fallen ones to make into jelly.

JR

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A Big Shout-Out...

...to the wonderful people involved with a couple of local groups.

Pest Free Peninsulas Kaipara do amazing work eliminating pests such as possums, weasels, stoats, ferrets and rats in our natural environment.

Piroa-Brynderwyns Landcare Group also eliminate pests and also work in eradicating weeds and monitoring our waterways.

The work of both groups helps our native flora and fauna to flourish and protect it for future generations to enjoy.

Thank you for all that you do!



PP

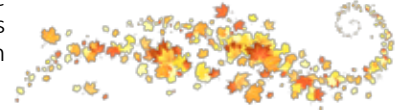
OUT & ABOUT AROUND TOWN

Paparooa's Farmers' market happens every Saturday morning, 9am - 12 at the Village Green. Fresh fruit & veges, sweet treats, plants, olive oil, fish, preserves, live music and so much more. A great place to catch up with friends or make new ones.

Flax Weaving At Shop & Brew on Sundays. Bring some flax and learn under Naadi's tuition. Feel free to come in and try it out.

Al's Upholstery has moved and is now at 144 Franklin Rd. See the ad on p5.

"Considerations Of Off Grid Living With A Focus On Solar" Workshop with Antony from Kanuka Forest Solar will be taking place at the Paparooa Sports Pavillion on Saturday 7th May at 9.30am. All welcome. Koha.





Antiques & Collectables

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For more information contact Albie Paton 0274 949 448 or check out The Den Maungaturoto Facebook page.

HELD AT: MAUNGATUROTO COUNTRY CLUB. 84 BICKERSTAFFE ROAD. SATURDAY, 9AM - 3PM & SUNDAY, 9AM - 2PM.



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Paparooa Community Church

**Connecting with God
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Communicating the Gospel**



**Church Service at 10 30am each Sunday
Everyone Welcome**

New Artisan Market In Paparooa

Stephanie Bristol (Fantail Farm Mohair) and Ruth Mason (Chapel Olive Oil) have both felt for some time that there are a lot of talented people in our community with limited places to showcase and sell their products. After much deliberation the idea of a boutique indoor market was born and the Paparooa Memorial Hall seemed like the logical venue where we can offer both indoor and outdoor stall areas, with onsite parking for stall holders and visitors alike.

The Paparooa Artisan Market will be held on the fourth Sunday monthly (starting on 26th June) in the Paparooa Memorial Hall, open from 12pm till 4pm.

The market is open to anyone with a craft, talent or skill locally produced in the Kaipara district. Whether you have an interest you would like to share from holistic health to producing superb vegetables, wonderful flower arrangements, knit precious baby clothes, paint, potter or create tasty delights, we would love to give you the opportunity to share these skills with the community.

We are aiming for a round 25-35 stall holders and already have a good base of 15 potential stall holders.

If you are interested in joining us as a stall holder please contact Stephanie for more information on artisanmarket.paparooa@gmail.com

We are looking forward to seeing lots of people come along to the Paparooa Memorial Hall from noon till 4pm on Sunday 26th June. Have a bite of lunch, cup of coffee and see what our local artisans have to offer.

Support your local community.

WHAT'S ON - MAY 2022

The Kauri Museum open 7 days, 9am-5pm

The Den Antiques & Collectables Sale - May 7-8 at Maungaturoto Country Club. See opposite for times and more details.

REGULAR EVENTS, MEETINGS AND ORGANISATIONS

Anglican Church St Marks 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa

Ararua Church 10.30am every Sunday. All welcome Ph 431 6622

Art Studio, Ruawai Wed 10-12noon ph Frances 439 2554

Badminton Thursdays 7pm Paparoa Hall \$2 students, \$3 adults, Pete 021 056 7163

Exercise to Music Tue 10.30am Paparoa Hall \$5 Ph Rose 431 7418

Farmers' Market Every Saturday 9-Noon, Village Green, Graham 027 475 4490

Grey Power Last Wed in month, 1pm, Anglican Church Hall, Maungaturoto

Grow Paparoa Thur/Fri/Sun 10am to 2pm at the Community Gardens

Holy Trinity Anglican Church, Maungaturoto, 1st & 3rd Sundays, 10am; 2nd & 4th Sundays, 4pm. All welcome

Kaipara Marching Team Weds 4-5.30pm, M'gto, Ph Rose Plunkett 431 7418

Line Dancing Thurs 10am-noon Paparoa Hall Ph Rose 431 7418

Mainly Music Wed 9.30am Paparoa Comm Church, Lynaire Porteous 431 7520

Matakohe Garden Circle 1st Weds each month, 1pm, J Mackinnon 431 6689.

Maungaturoto Opportunity Shop Open Mon 10-1pm Wed 10-3pm Fri 10-3pm

Maungaturoto and Districts Rotary Club Maungaturoto Centennial Hall, Tuesday evenings 6pm, Ph Stella 021 149 0877

Otamatea Quilters 1st and 3rd Mon month 10am, Paparoa Hall 09 439 2262

Outdoor Bowls Maungaturoto Green Ph Tony 431 6026 or Brian 431 6884

Pahi Hall available for hire Ph Tina 0210335128

Paparoa Community Church Sundays 10.30am, 4 Hook Road, 431 6795 or Dave Porteous 0274 180 676

Paparoa Garden Circle 2nd Wed of month. Contact Raylee Over 431 6880

Paparoa Hall Functions venue Ph Robyn 431 7306 or a/h Loraine 431 7290

Paparoa Library Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12. Manager Jas Futter 022 678 1474. Returns Box at Skeltons

Paparoa Lions Dinner Meetings 3rd Mon in month 6.30pm, Sports Pavilion

Paparoa Playcentre Tuesday and Thursday 10am-1pm Visitors Welcome Ph Kirstin 431 7373 txt 021 525 425 or Jane 431 6148 paparoa@playcentre.org.nz

Paparoa Primary School Term 2 May 3 - July 9, Term 3 July 26 - Oct 1. 4317379

Paparoa Toy Library Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330

Paparoa Volunteer Rural Fire Force (VRFF) 1st and 3rd Monday of the month 6.30pm Depot Rd ph Ken Ogilvie 021 129 4042

Plunket Ready Steady Wriggle Mon 10am Sports Pav. Tina Ball 021 033 5128

Selwyn Centre Thurs 9.45am for over 65's, St Marks, Hook Rd, Ph Sue 431 6224

Sports Pavilion Functions Venue Bookings ph Jane Bailey 431 6148

St Mary's Catholic Church Maungaturoto 10am Wed, 4pm Sunday

Table Tennis Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822

Tennis Mondays 9.30am, 6pm Tuesdays Ph Sue 431 6224, or Pete 021 056 7163

Yoga For Everyone Monday 6-7pm Maungaturoto Hall, Tuesday and Friday mornings 9.30am Paparoa Sports Pavilion. Ph 027 294 4855

PLEASE UPDATE US WITH YOUR DETAILS: press@paparoa.org.nz PP

Weight Loss Group

Starbright Wellness runs an 8 week group workshop on weight loss. \$320

Vicky Hilton 021 24 84259.

Storage Available

In Paparoa: Secure 20 foot Containers - contact

Gary Dallas 021 431 712.

Paparoa County Depot Trust

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Help your community thrive

LOCAL TIDES for MAY 2022

TIDES - CALCULATED for PAHI-WHAKAPIRAU

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	17.21	11.22	17th	17.42	11.41
2nd	17.56	11.56	18th	18.31	12.31
3rd	6.13	12.3	19th	19.21	13.24
4th	6.48	13.05	20th	7.53	14.21
5th	7.26	13.43	21st	8.52	15.22
6th	8.08	14.26	22nd	9.56	16.27
7th	8.57	15.17	23rd	11.03	17.36
8th	9.54	16.16	24th	12.09	18.44
9th	10.58	17.21	25th	13.11	7.11
10th	12.01	18.27	26th	14.06	8.07
11th	13.00	7.01	27th	14.54	8.55
12th	13.52	7.54	28th	15.38	9.38
13th	14.40	8.40	29th	16.17	10.17
14th	15.25	9.25	30th	16.55	10.55
15th	16.1	10.09	31st	17.31	11.31
16th	16.56	10.54			

Community Directory

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

COAST TO COAST HEALTH CARE

Maungaturoto Medical Centre: 8am-5pm Mon-Fri 09 431 8576

Paparoa Clinic: Open Tues and Thurs 8am-5pm..... 09 431 7222

For urgent after hours medical service (Wellsford)..... 09 423 8086

DISTRICT NURSE Dargaville Hospital 09 439 3330
Healthline - 24 hour service..... 0800 611 116

HOSPICE KAIPARA Dargaville Hospital 09 439 3330

KAIPARA DISTRICT COUNCIL Helpline 0800 727 059
Mangawhai Office..... 0800 100 388

KAIPARA PHYSIOTHERAPY Lyndsay Bargh/Lynne Rhodes...09 4391656

LINKING HANDS Health Shuttle Service, Maungaturoto.09 431 8969

LIONS CLUB PAPAROA President Jim Rowlands..... 09 431 7290

MAUNGATUROTO PHARMACY 09 431 8045

MAUNGATUROTO REST HOME 09 431 8696

OTAMATEA COMMUNITY SERVICES Community House 09 431 9080

PAPAROA LIBRARY Free Membership. ContactJas 022 678 1474
Mon, Wed 2-4, Tues, Fri 11-1, Thurs 11.30-1.30, Sat 10-12

PAPAROA PLAYCENTRE paparoa@playcentre.org.nz

PAPAROA PLUNKET .Plunket Nurse Louise 027 2823987 or 09 438 2508

PLUNKET Helpline 0800 933 922

PAPAROA PRIMARY SCHOOL 09 431 7379

PROGRESSIVE PAPAROA INC (PPI)Graham Taylor.... 09 431 7209

PARENT PORT Inc. free help for families Linda09 425 9357

YOUTH & WHANAU FOCUS South Kaipara, Rose09 431 7418

Exercise Track Opening and Fun Walk Run

There was a wonderful turnout for the opening of the all-weather concrete exercise track around the showgrounds main field, and appreciation to all those who made it happen was shared. The 600m track was a great community effort and it is being well used by children on their scooters, runners, dog walkers and older residents on their walkers among others. Having a safe place to walk and exercise in Paparooa was one of the goals for creating the track.

Following the opening over 100 people of all ages walked or ran the 5km course around the local countryside. The annual Fun Walk Run was free this year as a celebration for the area and people were glad to be out in the community connecting with each other again, after the pandemic restrictions. The Northern Wairoa Tu Manawa play trailer was a welcome feature of the afternoon for the kids and a BBQ followed. Thanks to the landowners, marshals, cooks, Sport Northland and everyone who helped make it such a fun day. See you next year.

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